

**May 2024
High Performance**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			5:45-7:30am Hillpark		6:00-7:30am McMaster	
			7:00-9:00pm Dalewood	4:30-6:00pm Jimmy Thompson	4:30-6:30pm Jimmy Thompson	
5	6	7	8	9	10	11
Swim-A-Thon 8:00-10:00am Jimmy Thompson *Registration Required	5:45-7:30am Hillpark		5:45-7:30am Hillpark		6:00-7:30am McMaster	HAC Spring Fling
	Odeon 4:30-5:30pm	4:30-6:00pm Hill Park	7:00-9:00pm Dalewood	4:30-6:00pm Jimmy Thompson	BioMechanist AH 4:30-6:30pm Jimmy Thompson	
12	13	14	15	16	17	18
HAC Spring Fling	OFF		5:45-7:30am Hillpark		6:00-7:30am McMaster	9:00-11:00am Brantford
	Odeon 4:30-5:30pm	4:30-6:00pm Hill Park	7:00-9:00pm Dalewood	4:30-6:00pm Jimmy Thompson	4:30-6:30pm Jimmy Thompson	
19	20	21	22	23	24	25
	OFF Victoria Day		5:45-7:30am Hillpark		6:00-7:30am McMaster	
		4:30-6:00pm Hill Park	7:00-9:00pm Dalewood	4:30-6:00pm Jimmy Thompson	4:30-6:30pm Jimmy Thompson	
26	27	28	29	30	31	
Odeon 7:00-8:00am McMaster	5:45-7:30am Hillpark		OFF		6:00-7:30am McMaster	WOSA
8:30-10:30am WOSA	Odeon 4:30-5:30pm	4:30-6:00pm Hill Park	7:00-9:00pm Dalewood	4:30-6:00pm Jimmy Thompson	WOSA 4:30-6:30pm Jimmy Thompson	