May 2024 High Performance

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAMILION TOO			_			,
			1	2	3	4
			5:45-7:30am		6:00-7:30am	
			Hillpark		McMaster	
			7:00-9:00pm	4:30-6:00pm	4:30-6:30pm	
			Dalewood	Jimmy Thompson	Jimmy Thompson	
5	6	7	8	9	10	11
						HAC Spring
Swim-A-Thon	5:45-7:30am		5:45-7:30am		6:00-7:30am	Fling
8:00-10:00am	Hillpark		Hillpark		McMaster	
Jimmy Thompson	0-1	4.20 0.00	7.00 0.00	4.20 0.00	BioMechanist AH	
*Registration Required	Odeon 4:30-5:30pm	4:30-6:00pm Hill Park	7:00-9:00pm	4:30-6:00pm Jimmy Thompson	4:30-6:30pm Jimmy Thompson	
	-		Dalewood			40
12	13	14	15	16	17	18
HAC Spring Fling	OFF		5:45-7:30am		6:00-7:30am	9:00-11:00am
			Hillpark		McMaster	Brantford
	Odeon	4:30-6:00pm	7:00-9:00pm	4:30-6:00pm	4:30-6:30pm	
	4:30-5:30pm	Hill Park	Dalewood	Jimmy Thompson	Jimmy Thompson	
19	20	21	22	23	24	25
	OFF		5:45-7:30am		6:00-7:30am	
			0.10 1.004		0.00 7.00am	
	Victoria		Hillpark		McMaster	
	Victoria Day		Hillpark		McMaster	
		4:30-6:00pm	Hillpark 7:00-9:00pm	4:30-6:00pm	McMaster 4:30-6:30pm	
	Day	4:30-6:00pm Hill Park	Hillpark 7:00-9:00pm Dalewood	Jimmy Thompson	McMaster 4:30-6:30pm Jimmy Thompson	
26	Day <b>27</b>	•	Hillpark 7:00-9:00pm Dalewood 29	'	McMaster 4:30-6:30pm Jimmy Thompson <b>31</b>	
Odeon	<b>27</b> 5:45-7:30am	Hill Park	Hillpark 7:00-9:00pm Dalewood	Jimmy Thompson	McMaster 4:30-6:30pm Jimmy Thompson 31 6:00-7:30am	WOSA
Odeon 7:00-8:00am	Day <b>27</b>	Hill Park	Hillpark 7:00-9:00pm Dalewood 29	Jimmy Thompson	McMaster 4:30-6:30pm Jimmy Thompson 31 6:00-7:30am McMaster	WOSA
Odeon 7:00-8:00am McMaster	<b>27</b> 5:45-7:30am Hillpark	Hill Park 28	Hillpark 7:00-9:00pm Dalewood 29 OFF	Jimmy Thompson 30	McMaster 4:30-6:30pm Jimmy Thompson 31 6:00-7:30am McMaster WOSA	WOSA
Odeon 7:00-8:00am	<b>27</b> 5:45-7:30am	Hill Park	Hillpark 7:00-9:00pm Dalewood 29	Jimmy Thompson	McMaster 4:30-6:30pm Jimmy Thompson 31 6:00-7:30am McMaster	WOSA