

**May 2024
Level 3 Gold**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			5:45-7:30am Hillpark	6:00-7:30pm Jimmy Thompson	6:00-7:30am McMaster	9:00-11:00am Brantford
5	6	7	8	9	10	11
Swim-A-Thon 8:00-10:00am Jimmy Thompson *Registration Required		6:30-8:30pm Brewseter	5:45-7:30am Hillpark	6:00-7:30pm Jimmy Thompson	6:00-7:30am McMaster	HAC Spring Fling
12	13	14	15	16	17	18
HAC Spring Fling		6:30-8:30pm Brewseter	5:45-7:30am Hillpark	6:00-7:30pm Jimmy Thompson	6:00-7:30am McMaster	Odeon 9:00-10:00am
19	20	21	22	23	24	25
Mindfulness 5:00-6:00pm 6:00-8:00pm McMaster	OFF Victoria Day	6:30-8:30pm Brewseter	5:45-7:30am Hillpark	6:00-7:30pm Jimmy Thompson	6:00-7:30am McMaster	Odeon 9:00-10:00am
26	27	28	29	30	31	
Mindfulness 5:00-6:00pm 6:00-8:00pm McMaster		6:30-8:30pm Brewseter	5:45-7:30am Hillpark	6:00-7:30pm Jimmy Thompson	6:00-7:30am McMaster WOSA	WOSA