

**Western Region Long Course Championships - 5/31/2024 to 6/2/2024**  
**Session Report**

Session: 1 Friday 13&Over Prelim

Day of Meet: 1 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +20 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	401 Mixed 13 & Over 200 IM	4	1	08:00 AM	_____
Finals	402 Mixed 13 & Over 150 IM	1	1	08:06 AM	_____
Prelims	1 Women 13 & Over 200 IM	72	8	08:10 AM	_____
Prelims	2 Men 13 & Over 200 IM	82	9	08:36 AM	_____
Finals	403 Mixed 13 & Over 100 Freestyle	4	1	09:02 AM	_____
Prelims	3 Women 13 & Over 100 Freestyle	103	11	09:04 AM	_____
Prelims	4 Men 13 & Over 100 Freestyle	103	11	09:19 AM	_____
Finals	405 Mixed 13 & Over 50 Backstroke	1	1	09:34 AM	_____
Prelims	5 Women 13 & Over 50 Backstroke	72	8	09:36 AM	_____
Prelims	6 Men 13 & Over 50 Backstroke	59	6	09:45 AM	_____
Prelims	7 Women 13 & Over 200 Butterfly	21	3	09:52 AM	_____
Prelims	8 Men 13 & Over 200 Butterfly	25	3	10:03 AM	_____
Finals	409 Mixed 13 & Over 100 Breaststroke	3	1	10:13 AM	_____
Prelims	9 Women 13 & Over 100 Breaststroke	74	8	10:16 AM	_____
Prelims	10 Men 13 & Over 100 Breaststroke	66	7	10:30 AM	_____
Finals-S	101 Women 13-14 200 Medley Relay	0	0	10:42 AM	_____
Finals-S	102 Men 13-14 200 Medley Relay	3	1	10:42 AM	_____
Finals-S	103 Women 15 & Over 200 Medley Relay	5	1	10:45 AM	_____
Finals-S	104 Men 15 & Over 200 Medley Relay	3	1	10:48 AM	_____
Finals	411 Mixed 13 & Over 400 Freestyle	3	1	10:51 AM	_____
Finals-S	11 Women 13 & Over 400 Freestyle	25	3	11:01 AM	_____
Finals-S	12 Men 13 & Over 400 Freestyle	24	3	11:17 AM	_____
	Swimmers Counts for Warm-ups: 316	=====	=====		
	Entry / Heat Totals:	753	89		
	Finish Time			11:33 AM	_____

**Western Region Long Course Championships - 5/31/2024 to 6/2/2024**  
**Session Report**

Session: 2 Friday 12U Timed Finals

Day of Meet: 1 Starts at 12:30 PM Heat Interval: 15 Seconds / Back +20 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	201 Girls 11-12 400 IM	7	1	12:30 PM	_____
Finals	202 Boys 11-12 400 IM	9	1	12:38 PM	_____
Finals	203 Girls 10 & Under 100 Freestyle	49	5	12:45 PM	_____
Finals	204 Boys 10 & Under 100 Freestyle	40	4	12:56 PM	_____
Finals	205 Girls 11 Year Olds 100 Freestyle	50	5	01:03 PM	_____
Finals	206 Boys 11 Year Olds 100 Freestyle	32	4	01:12 PM	_____
Finals	207 Girls 12 Year Olds 100 Freestyle	50	5	01:19 PM	_____
Finals	208 Boys 12 Year Olds 100 Freestyle	33	4	01:27 PM	_____
Finals	209 Girls 10 & Under 50 Backstroke	51	6	01:33 PM	_____
Finals	210 Boys 10 & Under 50 Backstroke	45	5	01:42 PM	_____
Finals	211 Girls 11 Year Olds 50 Backstroke	44	5	01:49 PM	_____
Finals	212 Boys 11 Year Olds 50 Backstroke	25	3	01:56 PM	_____
Finals	213 Girls 12 Year Olds 50 Backstroke	39	4	02:00 PM	_____
Finals	214 Boys 12 Year Olds 50 Backstroke	31	4	02:06 PM	_____
Finals	215 Girls 11 Year Olds 200 Butterfly	3	1	02:11 PM	_____
Finals	216 Boys 11 Year Olds 200 Butterfly	0	0	02:16 PM	_____
Finals	217 Girls 12 Year Olds 200 Butterfly	4	1	02:16 PM	_____
Finals	218 Boys 12 Year Olds 200 Butterfly	4	1	02:20 PM	_____
Finals	219 Girls 10 & Under 100 Breaststroke	49	5	02:24 PM	_____
Finals	220 Boys 10 & Under 100 Breaststroke	29	3	02:35 PM	_____
Finals	221 Girls 11 Year Olds 100 Breaststroke	39	4	02:42 PM	_____
Finals	222 Boys 11 Year Olds 100 Breaststroke	26	3	02:51 PM	_____
Finals	223 Girls 12 Year Olds 100 Breaststroke	28	3	02:57 PM	_____
Finals	224 Boys 12 Year Olds 100 Breaststroke	24	3	03:03 PM	_____
Finals	301 Girls 10 & Under 200 Medley Relay	7	1	03:09 PM	_____
Finals	302 Boys 10 & Under 200 Medley Relay	6	1	03:13 PM	_____
Finals	303 Girls 11-12 200 Medley Relay	18	2	03:17 PM	_____
Finals	304 Boys 11-12 200 Medley Relay	10	1	03:24 PM	_____
Finals	225 Girls 12 & Under 400 Freestyle	37	4	03:28 PM	_____
Finals	226 Boys 12 & Under 400 Freestyle	37	4	03:54 PM	_____
	Swimmers Counts for Warm-ups: 296	=====	=====		
	Entry / Heat Totals:	826	93		
	Finish Time			04:20 PM	_____

**Western Region Long Course Championships - 5/31/2024 to 6/2/2024**  
**Session Report**

Session: 3 Friday 13&Over Finals

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 13 & Over 200 IM	40	4 u	06:00 PM	_____
Finals	2 Men 13 & Over 200 IM	40	4 u	06:13 PM	_____
Finals	3 Women 13 & Over 100 Freestyle	40	4 u	06:25 PM	_____
Finals	4 Men 13 & Over 100 Freestyle	40	4 u	06:31 PM	_____
Finals	5 Women 13 & Over 50 Backstroke	40	4 u	06:37 PM	_____
Finals	6 Men 13 & Over 50 Backstroke	40	4 u	06:43 PM	_____
Finals	7 Women 13 & Over 200 Butterfly	21	4 u	06:48 PM	_____
Finals	8 Men 13 & Over 200 Butterfly	25	4 u	07:02 PM	_____
Finals	9 Women 13 & Over 100 Breaststroke	40	4 u	07:14 PM	_____
Finals	10 Men 13 & Over 100 Breaststroke	40	4 u	07:21 PM	_____
Finals-1	11 Women 13 & Over 400 Freestyle	10	1	07:29 PM	_____
Finals-1	12 Men 13 & Over 400 Freestyle	10	1	07:34 PM	_____
Finals-1	101 Women 13-14 200 Medley Relay	9	1	07:39 PM	_____
Finals-1	102 Men 13-14 200 Medley Relay	8	1	07:43 PM	_____
Finals-1	103 Women 15 & Over 200 Medley Relay	10	1	07:46 PM	_____
Finals-1	104 Men 15 & Over 200 Medley Relay	10	1	07:49 PM	_____
	Swimmers Counts for Warm-ups: 238	=====	=====		
	Entry / Heat Totals:	423	46		
	Finish Time			07:52 PM	_____

**Western Region Long Course Championships - 5/31/2024 to 6/2/2024**  
**Session Report**

Session: 4 Saturday 13&Over Prelims

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	13 Women 13 & Over 200 Breaststroke	66	7	08:00 AM	_____
Prelims	14 Men 13 & Over 200 Breaststroke	55	6	08:25 AM	_____
Prelims	15 Women 13 & Over 50 Butterfly	96	10	08:45 AM	_____
Prelims	16 Men 13 & Over 50 Butterfly	86	9	08:53 AM	_____
Prelims	17 Women 13 & Over 100 Backstroke	94	10	09:00 AM	_____
Prelims	18 Men 13 & Over 100 Backstroke	91	10	09:20 AM	_____
Prelims	19 Women 13 & Over 200 Freestyle	114	12	09:38 AM	_____
Prelims	20 Men 13 & Over 200 Freestyle	109	11	10:14 AM	_____
Finals-S	105 Women 13-14 200 Freestyle Relay	0	0	10:43 AM	_____
Finals-S	106 Men 13-14 200 Freestyle Relay	0	0	10:43 AM	_____
Finals-S	107 Women 15 & Over 200 Freestyle Relay	6	1	10:43 AM	_____
Finals-S	108 Men 15 & Over 200 Freestyle Relay	4	1	10:45 AM	_____
Finals	21 Women 13 & Over 1500 Freestyle	5	1	10:47 AM	_____
Finals	22 Men 13 & Over 1500 Freestyle	7	1	11:09 AM	_____
	Swimmers Counts for Warm-ups: 325	=====	=====		
	Entry / Heat Totals:	733	79		
	Finish Time			11:29 AM	_____

**Western Region Long Course Championships - 5/31/2024 to 6/2/2024**  
**Session Report**

Session: 5 Saturday 12U Timed Finals

Day of Meet: 2 Starts at 12:30 PM Heat Interval: 15 Seconds / Back +20 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	227 Girls 11 Year Olds 200 Breaststroke	28	3	12:30 PM	_____
Finals	228 Boys 11 Year Olds 200 Breaststroke	22	3	12:43 PM	_____
Finals	229 Girls 12 Year Olds 200 Breaststroke	18	2	12:55 PM	_____
Finals	230 Boys 12 Year Olds 200 Breaststroke	16	2	01:03 PM	_____
Finals	231 Girls 10 & Under 50 Butterfly	46	5	01:11 PM	_____
Finals	232 Boys 10 & Under 50 Butterfly	35	4	01:18 PM	_____
Finals	233 Girls 11 Year Olds 50 Butterfly	34	4	01:23 PM	_____
Finals	234 Boys 11 Year Olds 50 Butterfly	26	3	01:27 PM	_____
Finals	235 Girls 12 Year Olds 50 Butterfly	37	4	01:30 PM	_____
Finals	236 Boys 12 Year Olds 50 Butterfly	26	3	01:34 PM	_____
Finals	237 Girls 10 & Under 100 Backstroke	42	5	01:38 PM	_____
Finals	238 Boys 10 & Under 100 Backstroke	44	5	01:50 PM	_____
Finals	239 Girls 11 Year Olds 100 Backstroke	50	5	02:02 PM	_____
Finals	240 Boys 11 Year Olds 100 Backstroke	24	3	02:13 PM	_____
Finals	241 Girls 12 Year Olds 100 Backstroke	32	4	02:20 PM	_____
Finals	242 Boys 12 Year Olds 100 Backstroke	29	3	02:29 PM	_____
Finals	243 Girls 10 & Under 200 Freestyle	44	5	02:35 PM	_____
Finals	244 Boys 10 & Under 200 Freestyle	36	4	02:54 PM	_____
Finals	245 Girls 11 Year Olds 200 Freestyle	43	5	03:10 PM	_____
Finals	246 Boys 11 Year Olds 200 Freestyle	26	3	03:27 PM	_____
Finals	247 Girls 12 Year Olds 200 Freestyle	42	5	03:38 PM	_____
Finals	248 Boys 12 Year Olds 200 Freestyle	35	4	03:54 PM	_____
Finals	305 Girls 10 & Under 200 Freestyle Relay	8	1	04:07 PM	_____
Finals	306 Boys 10 & Under 200 Freestyle Relay	6	1	04:10 PM	_____
Finals	307 Girls 11-12 200 Freestyle Relay	17	2	04:13 PM	_____
Finals	308 Boys 11-12 200 Freestyle Relay	11	2	04:18 PM	_____
Finals	249 Girls 11-12 800 Freestyle	7	1	04:24 PM	_____
Finals	250 Boys 11-12 800 Freestyle	13	2	04:37 PM	_____
	Swimmers Counts for Warm-ups: 291	=====	=====		
	Entry / Heat Totals:	797	93		
	Finish Time			05:02 PM	_____

**Western Region Long Course Championships - 5/31/2024 to 6/2/2024**  
**Session Report**

Session: 6 Saturday 13&Over Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13 Women 13 & Over 200 Breaststroke	40	4 u	06:00 PM	_____
Finals	14 Men 13 & Over 200 Breaststroke	40	4 u	06:15 PM	_____
Finals	415 Mixed 13 & Over 50 Butterfly	6	1 u	06:28 PM	_____
Finals	15 Women 13 & Over 50 Butterfly	40	4 u	06:29 PM	_____
Finals	16 Men 13 & Over 50 Butterfly	40	4 u	06:33 PM	_____
Finals	417 Mixed 13 & Over 100 Backstroke	5	1 u	06:37 PM	_____
Finals	17 Women 13 & Over 100 Backstroke	40	4 u	06:40 PM	_____
Finals	18 Men 13 & Over 100 Backstroke	40	4 u	06:48 PM	_____
Finals	419 Mixed 13 & Over 200 Freestyle	5	1 u	06:56 PM	_____
Finals	19 Women 13 & Over 200 Freestyle	40	4 u	06:59 PM	_____
Finals	20 Men 13 & Over 200 Freestyle	40	4 u	07:11 PM	_____
Finals-1	105 Women 13-14 200 Freestyle Relay	10	1	07:21 PM	_____
Finals-1	106 Men 13-14 200 Freestyle Relay	10	1	07:24 PM	_____
Finals-1	107 Women 15 & Over 200 Freestyle Relay	10	1	07:27 PM	_____
Finals-1	108 Men 15 & Over 200 Freestyle Relay	10	1	07:29 PM	_____
	Swimmers Counts for Warm-ups: 230	=====	=====		
	Entry / Heat Totals:	376	39		
	Finish Time			07:31 PM	_____

**Western Region Long Course Championships - 5/31/2024 to 6/2/2024**  
**Session Report**

Session: 7 Sunday 13&Over Prelims

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +20 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals-S	23 Women 13 & Over 400 IM	0	0	08:00 AM	_____
Finals-S	24 Men 13 & Over 400 IM	6	1	08:00 AM	_____
Prelims	25 Women 13 & Over 50 Freestyle	134	14	08:07 AM	_____
Prelims	26 Men 13 & Over 50 Freestyle	126	13	08:18 AM	_____
Prelims	27 Women 13 & Over 200 Backstroke	59	6	08:28 AM	_____
Prelims	28 Men 13 & Over 200 Backstroke	57	6	08:49 AM	_____
Finals	429 Mixed 13 & Over 50 Breaststroke	2	1	09:09 AM	_____
Prelims	29 Women 13 & Over 50 Breaststroke	85	9	09:11 AM	_____
Prelims	30 Men 13 & Over 50 Breaststroke	59	6	09:20 AM	_____
Prelims	31 Women 13 & Over 100 Butterfly	81	9	09:26 AM	_____
Prelims	32 Men 13 & Over 100 Butterfly	94	10	09:41 AM	_____
Finals	33 Women 13 & Over 800 Freestyle	24	3	09:56 AM	_____
Finals	34 Men 13 & Over 800 Freestyle	16	2	10:29 AM	_____
Finals-S	109 Mixed 13-14 200 Medley Relay	4	1	10:50 AM	_____
Finals-S	110 Mixed 15 & Over 200 Medley Relay	6	1	10:54 AM	_____
	Swimmers Counts for Warm-ups: 319	=====	=====		
	Entry / Heat Totals:	753	82		
	Finish Time			10:57 AM	_____

**Western Region Long Course Championships - 5/31/2024 to 6/2/2024**  
**Session Report**

Session: 8 Sunday 12U Timed Finals

Day of Meet: 3 Starts at 12:30 PM Heat Interval: 15 Seconds / Back +20 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	251 Girls 10 & Under 200 IM	32	4	12:30 PM	_____
Finals	252 Boys 10 & Under 200 IM	20	2	12:48 PM	_____
Finals	253 Girls 11 Year Olds 200 IM	41	5	12:56 PM	_____
Finals	254 Boys 11 Year Olds 200 IM	22	3	01:15 PM	_____
Finals	255 Girls 12 Year Olds 200 IM	27	3	01:27 PM	_____
Finals	256 Boys 12 Year Olds 200 IM	25	3	01:37 PM	_____
Finals	257 Girls 10 & Under 50 Freestyle	41	5	01:48 PM	_____
Finals	258 Boys 10 & Under 50 Freestyle	36	4	01:53 PM	_____
Finals	259 Girls 11 Year Olds 50 Freestyle	43	5	01:57 PM	_____
Finals	260 Boys 11 Year Olds 50 Freestyle	24	3	02:02 PM	_____
Finals	261 Girls 12 Year Olds 50 Freestyle	38	4	02:05 PM	_____
Finals	262 Boys 12 Year Olds 50 Freestyle	35	4	02:08 PM	_____
Finals	263 Girls 10 & Under 200 Backstroke	23	3	02:12 PM	_____
Finals	264 Boys 10 & Under 200 Backstroke	24	3	02:25 PM	_____
Finals	265 Girls 11 Year Olds 200 Backstroke	25	3	02:38 PM	_____
Finals	266 Boys 11 Year Olds 200 Backstroke	14	2	02:51 PM	_____
Finals	267 Girls 12 Year Olds 200 Backstroke	27	3	02:59 PM	_____
Finals	268 Boys 12 Year Olds 200 Backstroke	20	2	03:10 PM	_____
Finals	269 Girls 10 & Under 50 Breaststroke	43	5	03:19 PM	_____
Finals	270 Boys 10 & Under 50 Breaststroke	34	4	03:25 PM	_____
Finals	271 Girls 11 Year Olds 50 Breaststroke	30	3	03:30 PM	_____
Finals	272 Boys 11 Year Olds 50 Breaststroke	18	2	03:34 PM	_____
Finals	273 Girls 12 Year Olds 50 Breaststroke	24	3	03:36 PM	_____
Finals	274 Boys 12 Year Olds 50 Breaststroke	20	2	03:39 PM	_____
Finals	275 Girls 10 & Under 100 Butterfly	8	1	03:42 PM	_____
Finals	276 Boys 10 & Under 100 Butterfly	12	2	03:44 PM	_____
Finals	277 Girls 11 Year Olds 100 Butterfly	21	3	03:49 PM	_____
Finals	278 Boys 11 Year Olds 100 Butterfly	18	2	03:55 PM	_____
Finals	279 Girls 12 Year Olds 100 Butterfly	20	2	03:59 PM	_____
Finals	280 Boys 12 Year Olds 100 Butterfly	15	2	04:03 PM	_____
Finals	309 Mixed 10 & Under 200 Medley Relay	11	2	04:07 PM	_____
Finals	310 Mixed 11-12 200 Medley Relay	23	3	04:15 PM	_____
	Swimmers Counts for Warm-ups: 289	=====	=====		
	Entry / Heat Totals:	814	97		
	Finish Time			04:25 PM	_____



**Western Region Long Course Championships - 5/31/2024 to 6/2/2024**  
**Session Report**

Session: 9 Sunday 13&Over Finals

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	109 Mixed 13-14 200 Medley Relay	10	1	06:00 PM	_____
Finals-1	110 Mixed 15 & Over 200 Medley Relay	10	1	06:04 PM	_____
Finals-1	23 Women 13 & Over 400 IM	8	1	06:07 PM	_____
Finals-1	24 Men 13 & Over 400 IM	10	1	06:13 PM	_____
Finals	425 Mixed 13 & Over 50 Freestyle	7	1 u	06:19 PM	_____
Finals	25 Women 13 & Over 50 Freestyle	40	4 u	06:20 PM	_____
Finals	26 Men 13 & Over 50 Freestyle	40	4 u	06:24 PM	_____
Finals	27 Women 13 & Over 200 Backstroke	40	4 u	06:28 PM	_____
Finals	28 Men 13 & Over 200 Backstroke	40	4 u	06:42 PM	_____
Finals	29 Women 13 & Over 50 Breaststroke	40	4 u	06:55 PM	_____
Finals	30 Men 13 & Over 50 Breaststroke	40	4 u	07:00 PM	_____
Finals	431 Mixed 13 & Over 100 Butterfly	5	1 u	07:04 PM	_____
Finals	31 Women 13 & Over 100 Butterfly	40	4 u	07:06 PM	_____
Finals	32 Men 13 & Over 100 Butterfly	40	4 u	07:13 PM	_____
	Swimmers Counts for Warm-ups: 227	=====	=====		
	Entry / Heat Totals:	370	38		
	Finish Time			07:19 PM	_____